

## *Choosing a Confirmation Saint's Name*

Choosing a saint's name is an essential part of Confirmation as it is an acknowledgement that the Holy Spirit will change your life through the grace of this Sacrament. We see in the Sacred Scriptures, Jesus changed the name of some of his disciples to signify that their role had been changed and that they were becoming, in a sense, a new person. In the Old Testament, Abram became Abraham (Genesis 17:5), and Sarai became Sarah (Genesis 17:15). In the New Testament, Simon became Peter (Matthew 17:18) and Saul became Paul (Acts 13:8).

When choosing a name, please choose someone with a quality you wish to have, somebody whose life you admire, or somebody you would like to imitate. Also start asking for the prayers and intercession of the saint you choose. There are thousands of saints that are acknowledged for a variety of reasons.

Your Saint report is due on **Sunday, December 4**. The following should be included in your one page written report:

- Title Page with your name, saint's name and saint's picture
- When was he/she born? Where did he/she live? When did he/she die? Date of canonization.
- Reason for sainthood. What made them stand out? Were they well-liked or persecuted?
- What were they patron saints of? (ie. Sports, animals, bee-keeping, etc.?)
- Personal qualities you admire. Why did you pick this patron saint?
- What do you have in common with this saint?
- In what way do you admire or aspire (hope to be like) this saint?

A good online resource is [www.catholic.org/saints](http://www.catholic.org/saints)